

2023 VT Act 140 Cigna		
Top 10 Most Requested Medical PAs for CY 2023		
Procedure Code Description	Total Number Requested	Percentage of Approval
Computed tomography; abdomen and pelvis; with contrast material(s)	59	90%
MRI BRAIN (head); without contrast material, followed by contrast material(s) and further sequences	54	98%
MRI Lumbar Spine, (spinal canal and contents); without contrast material	51	80%
MRI Lower Extremity, any joint; without contrast material(s)	51	98%
MRI Upper Extremity, any joint; without contrast material(s)	48	92%
esophagogastroduodenoscopy, flexible, transoral; diagnostic, including collection of specimen(s) by brushing or washing, when performed (separate procedure)	47	91%
CT CHEST (thorax); with contrast material(s)	39	90%
Computed tomography, thorax, low dose for lung cancer screening, without contrast material(s)	39	97%
CT CHEST (thorax); without contrast material	27	89%
CT SINUS, Maxillofacial Area; without contrast material	24	96%

Top 10 Most Requested Prescription Drug PAs for CY 2023		
Prescription Drug	Total Number Requested	Percentage of Approval
OZEMPIC	79	62%
VYVANSE	43	51%
TRULICITY	31	94%
MOUNJARO	29	41%
ELIQUIS	20	75%
XARELTO	14	86%
HUMIRA(CF) PEN	13	100%
SYNTHROID	12	75%
TRETINOIN	12	83%
RYBELSUS	10	80%