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## **Health Insurer Information**

Health Insurer Information	
Name of Health Insurer:	Cigna Health and Life Insurance Company
State of Domicile:	СТ
Total number of states in which health insurer	
operates:	50 and District of Columbia
List of names of states where licensed (other than	CHLIC is licensed in all 50 states, Puerto Rico and the
Vermont):	US. Virgin Islands
Total number of Vermont lives covered (defined	
as the total of the Individual Comprehensive	
Health Coverage, Small Group Comprehensive	
Health Coverage and Large Group Comprehensive	
Health Coverage columns in Part 1 of the filed	
Supplemental Healthcare Exhibit for the State of	
Vermont ):	4,085
Contact Information	
Contact person:	Michael Trottier
Contact phone number:	860.226.6753

## Tables 2.1 through 2.3: Claims Submissions and Denials

Table 2.1: Total claim	Table 2.1: Total claims and denials											
(1) Claims Category	(2) Total number	(3) Total denied	(4) Denial %	(5) PMPM Denial Rate								
Medical claims	80,875	3,995	4.9%	0.08150								
	,	,										
MHSA claims	1,715	165	9.6%	0.00337								
Pharmacy Claims	34,393	5,813	16.9%	0.11858								
<b>Grand Total</b>	116,983	9,973	8.5%	0.20345								

Table 2.2: Administra	Table 2.2: Administrative denials only											
(1) Claims Category	(2) Total number	(3) Total denied	(4) Denial %	(5) PMPM Denial Rate								
Medical claims	80,875	2,820	3.5%	0.05753								
MHSA claims	1,715	22	1.3%	0.00045								
Pharmacy Claims	34,393	772	2.2%	0.01575								
Grand Total	116,983	3,614	3.1%	0.07373								

Table 2.3: Member in	Table 2.3: Member impact denials only										
(1)											
Claims Category	Total number	Total denied	Denial %	PMPM Denial Rate							
Medical claims	80,875	1,175	1.5%	0.02397							
MHSA claims	1,715	143	8.3%	0.00292							
Pharmacy Claims	34,393	5,041	14.7%	0.10284							
<b>Grand Total</b>	116,983	6,359	5.4%	0.12972							

### Tables 3.1 through 3.3: Utilization Review

Table 3.1: Pre-service	e Prior Authorization													
	PA request			PAs at 1st level appeal				PAs at 2nd l	level appeal		PAs at indpendent external review level appeal			
(1) PA category	(2) Count of PA types	(3) Percent of total PA denied	(4) Count of PAs appealed to 1st level	(5) Percent of total of PAs appealed to 1st level	(6) Count of PAs appealed to 1st level that were overturned	(7) Percent of PAs appealed to 1st level that were overturned	(8) Count of PAs appealed to 2nd level	(9) Percent of total of PAs appealed to 2nd level	(10) Count of PAs appealed to 2nd level that were overturned	(11) Percent of PAs appealed to 2nd level that were overturned	(12) Count of PAs appealed to independent external review	(13) Percent of total of PAs appealed to independent external review	(14) Count of PAs appealed to independent external review that were overturned	(15) Percent of PAs appealed to independent external review that were overturned
Medical	1141	35%	8	1%	3	38%	0	0	0	0	0	0	0	0
MHSA	93	27%	1	1%	0	0	0	0	0	0	0	0	0	0
Pharmacy	584	34%	7	1%	3	43%	0	0	0	0	0	0	0	0
Grand Total	1818	32%	16	1%	6	27%	0	0	0	0	0	0	0	0

Table 3.2: Concurrent Prior Authorization														
	PA request			PAs at 1st l	evel appeal			PAs at 2nd	level appeal		PA	s at indpendent exte	rnal review level ap <sub>l</sub>	peal
(1) PA catego	(2) Count of PA types	(3) Percent of total PA denied	(4) Count of PAs appealed to 1st level	(5) Percent of total of PAs appealed to 1st level	(6) Count of PAs appealed to 1st level that were overturned	(7) Percent of PAs appealed to 1st level that were overturned	(8) Count of PAs appealed to 2nd level	(9) Percent of total of PAs appealed to 2nd level	(10) Count of PAs appealed to 2nd level that were overturned	(11) Percent of PAs appealed to 2nd level that were overturned	(12) Count of PAs appealed to independent external review	(13) Percent of total of PAs appealed to independent external review	(14) Count of PAs appealed to independent external review that were overturned	(15) Percent of PAs appealed to independent external review that were overturned
Medical	149	4%	0	0	0	0	0	0	0	0	0	0	0	0
MHSA	63	2%	0	0	0	0	0	0	0	0	0	0	0	0
Pharmacy	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Grand Total	212	2%	0	0	0	0	0	0	0	0	0	0	0	0

Table 3.3:	Table 3.3: Post-service with Utilization Review (UR)															
	UR request			UR requests at 1st level appeal					UR requests at 2	2nd level appeal		UR requ	UR requests at indpendent external review level appeal			
(: UR cat	1) tegory	(2) Count of UR request types	(3) Percent of total UR requests denied	(4) Count of UR requests appealed to 1st level	(5) Percent of total of UR requests appealed to 1st level	(6) Count of UR requests appealed to 1st level that were overturned	to 1st level that		appealed to 2nd	to 2nd level that	(11) Percent of UR requests appealed to 2nd level that were overturned	Count of UR requests appealed to independent		(14) Count of UR requests appealed to independent external review that were overturned	(15) Percent of UR requests appealed to independent external review that were overturned	
Medical		2116	1%	112	5%	10	9%	3	0.14%	0	0	0	0	0	0	
MHSA		6	17%	0	0	0	0	0	0	0	0	0	0	0	0	
Pharmacy	,	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Grand Total	:al	2122	6%	112	5%	10	9%	3	0.14%	0	0	0	0	0	0	

## **Table 4: Adverse Benefit Determinations**

Table 4:	Adverse Bene	fit Determinations without U						
		Totals and percent	ages	РМРМ				
(1) Adverse Benefit Determination Level	(2) Total Appeals	Total Total Overturned Overturned Rate		(5) Appeals	(6) Overturned			
First level appeals of post-service adverse determinations.		0	0	0.00022	0			
Second level appeals of post-service adverse determinations.	0	0	0	0	0			
External review of post-service appeal determinations	0	0	0	0	0			

### Table 5: Claims processed in timely manner

		Never	•	Sometim	nes	Usually		Always	
Table 5: Claims processing - timely processing	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Table 3. Claims processing - timely processing	Denominator	Numerator	Rate	Numerator	Rate	Numerator	Rate	Numerator	Rate
CAHPS: Claims processing is timely (Q40)	130	3	2.30%	8	6.20%	48	36.90%	71	54.60%

### Table 6: Claims processed accurately

		Neve	r	Sometin	nes		Usually	Alwa	ys
Table 6: Claims processed accurately	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Table 6. Glainis processed accurately	Denominator	Numerator	Rate	Numerator	Rate	Numerator	Rate	Numerator	Rate
CAHPS: Claims are processed correctly (Q41)	134	2	1.50%	8	6.00%	39	29.10%	85	63.40%

### Tables 7.1 through 7.3: Utilization Review decision timelines

Table 7.1: Medical Services	UR Decisi	ons Made
(1)	(2)	(3)
Review types involving medical claims	#	%
Urgent Concurrent Reviews		
Timely	93	70%
Not Timely	40	30%
Total Concurrent Reviews	133	
Urgent Pre-Service Reviews		
Timely	44	94%
Not Timely	3	6%
Total Urgent Pre-Service Reviews	47	
Non-Urgent Pre-Service Reviews		
Timely	228	83%
Not Timely	47	17%
Total Non-UrgentPre-Service Reviews	275	
Post-Service Reviews		
Timely	42	98%
Not Timely	1	2%
Total Post-Service Reviews	43	
Total Medical UR Decisions Made	514	

Table 7.2: Mental Health and Substance Abuse		
Services	UR Decisions Made	
(1)	(2)	(3)
Review types involving MHSA claims	#	%
Urgent Concurrent Reviews		
Timely	62	98%
Not Timely	1	2%
Total Concurrent Reviews	63	
Urgent Pre-Service Reviews		
Timely	9	100%
Not Timely	0	0%
Total Urgent Pre-Service Reviews	9	
Non-Urgent Pre-Service Reviews		
Timely	0	100%
Not Timely	0	0%
Total Non-UrgentPre-Service Reviews	0	
Post-Service Reviews		
Timely	4	67%
Not Timely	2	33%
Total Post-Service Reviews	6	
Total MHSA UR Decisions Made	78	

Table 7.3: Pharmacy	UR Decisions Made		
(1)	(2)	(3)	
Review types involving Pharmacy claims	#	%	
Urgent Concurrent Reviews			
Timely	0	0%	
Not Timely	0	0%	
Total Concurrent Reviews	0		
Urgent Pre-Service Reviews			
Timely	109	71%	
Not Timely	44	29%	
Total Urgent Pre-Service Reviews	153		
Non-Urgent Pre-Service Reviews			
Timely	344	80%	
Not Timely	87	20%	
Total Non-UrgentPre-Service Reviews	431		
Post-Service Reviews			
Timely	0	0%	
Not Timely	0	0%	
Total Post-Service Reviews	0		
Total Pharmacy UR Decisions Made	584		

## Table 8: Quality of Care Grievances

Table 8: Quality of Care 0	Grievances								
(1) Type of grievance	(2) Total # of grievances received during reporting period	(3) Total # of grievances per 1000 members	remaining	(5) # of total grievances resolved after 1st review during reporting period	(6) # of 1st level reviews resolved in member's favor during reporting period	(7) % of 1st level reviews resolved in member's favor during reporting period	(8) # of grievances resolved after 2nd review during reporting period	(9) # of 2nd level reviews resolved in member's favor during reporting period	(10) % of 2nd level reviews resolved in member's favor during reporting period
Provider performance and office management	0	0	0	0	0	0	0	0	0
Plan administration	0	0	0	0	0	0	0	0	0
Access to health care	0	0	0	0	0	0	0	0	0
Total	0	0.000	0	0	0	0.0%	0	0	0.0%

### Table 9A: Provider Satisfaction Survey Results Return to Table of Content **Table 9A: Provider Satisfaction Survey Results** Department-Specified Provider Survey Questions Medical Behavioral Overall, I am satisfied with [MCO]. 63% 44% I would recommend [MCO] to other practitioners and to my patients. 2 58%/54% 32%/27% 3 [MCO's] staff is responsive when I need assistance. 64% 41% 4 [MCO's] quality of communications, such as care management tools, policy bulletins and manuals, is adequate. 61% 44%

## Table 9B: Actions taken for provider satisfaction

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## Table 9B: Actions taken on provider satisfaction 2022 Cigna Health Care Professional Satisfaction Improvement Action Plan

Description	Time Line	Ctatus
Description A. Communications	Time Line	Status
Maintain and expand provider		
email database (physicians, office		
managers and hospital		
administrators). Utilize this to send		
timely communications regarding		
updated policies and procedures.		
Currently at approximately 3,400 for		
VT providers.	Ongoing	Ongoing
Update Provider Reference		
Guides on www.CIGNAforhcp.com	Q1 2022	Complete
Conduct provider preference		
survey to better understand how and		
when providers want communication		
from Cigna	Yearly	Yearly
4. Work with local professional	On a single	Ou main m
groups (i.e. AAHAM).  B. Digital Solutions	Ongoing	Ongoing
Begin process to integrate Cigna	I	T
Medicare into CignaforHCP.com	In Process	In Process
Education of on-line claim		
reconsideration and appeals.		
Targeted outreach to providers		
based on call volume.	Q1 2022	Education Ongoing
3. Virtual claim assistant with chat-		
Beta testing	Q3 2022	In Process
4. Customizable claim search and		
reporting, inlcuding message center-		
Beta testing	Q2 2022	In Process
5. Improvements to registration and		
access process for		. =
CignaforHCP.com	Q4 2022	In Process
6 Continue to enhance the breadth		
6. Continue to enhance the breadth		
of functionality and the ease of use of the CIGNA website for health care		
professionals (cignaforhcp.com).	Ongoing	Ongoing
professionals (cignatornep.com).	Origonia	Origoning
7. Conduct webinars to ease		
adoption of eServices (such as claim		
reconsideration, claim attachments,		
general website usage, etc.).	Ongoing	Ongoing
Meet with Providers to solicit		
feedback on future electronic		
solutions.	Ongoing	Ongoing
Begin work for ability to bundle EFT		
payments with other payers via Zelis	In Process	In Process
C. EGWP/Medicare Advantage	 	1
Begin education for Employer  Croup Waiver Blane and Medicare		In Drooper and
Group Waiver Plans and Medicare Advantage	O1 2022 and Ongoing	In Process and
D. Voice of Health Care Profession	Q1 2022 and Ongoing	Ongoing
Recruit additional VT physicians to		T
attend the Cigna New England		
Physician Advisory Council.	Ongoing	Ongoing
Expand the Voice the the Health		
Care Professional Research		
Program by: A) continue to use		
trigger and touch point specific		
surveys to obtain health care		
professional feedback. B) Conduct		
separate surveys for hospitals,		
physicians, and administrators.	Ongoing	Ongoing
Provide dedicated Provider		
Relations support for escalated		
issues for VT providers		

# Tables 10.1 through 10.2: Corporate Officer and Direct Compensation

Table 10.1: Corporate Officer Compensation					
(1)	(2)	(2)	(4)		
Title of Company Officers	(2) Salary	(3) Bonus	(4) Other Compensation		
President & CEO	1,500,000	2,700,000	15,672,266		
EVP, CFO	800,000	900,000	3,596,507		
EVP, General Counsel	750,000	935,000	3,587,598		
President & COO		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	2,722,722		
Evernorth	948,462	1,187,500	5,509,719		
CEO, Evernorth	1,500,000	-	9,063,360		
President,					
Government &					
Solutions	978,462	-	6,064,465		

Table 10.2: Direct Com	pensation		
(1)			
Title of Company	(2)	(3)	(4)
Officers	Stipend	Bonus	Other Compensation
Board Chair	320,000	•	285,735
Board Member	120,000	ı	190,411
Board Member	120,000	ı	190,411
Board Member	138,750	•	201,883
Board Member (joined			
Sept 2021)	60,000	-	97,911
Board Member (joined			
March 2021)	120,000	1	190,411
Board Member	120,000	•	190,411
Board Member	120,000	ı	190,411
Board Member	145,000	-	190,411
Board Member			
(retired April 2021)	72,500	-	105,397
Board Member	145,000	ı	190,411
Board Member	145,000	-	253,279
Board Member	145,000	-	303,350

## Table 11: Vermont Marketing and Advertising Expenses

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Table 11: Vermont Marketing and Advertising Expenses

**Total** \$191,544

## Table 12: Federal and Vermont Lobbying Expenditures

Table 12: Lobbying Expenditures				
Federal	\$9,140,000			
Vermont	\$37,000			

## **Table 13: Political Contributions**

Table 13: Political Contributions				
(1) Recipient	(2) Vermont candidate (c) or party (p)	(3) Amount of cash or cash equivalent (in-kind)		
N/A	N/A	\$0		

# Table 14: Dues Paid to Lobbying Groups

Table 14: Dues paid to lobbying groups			
(1)	(2)		
Trade Organization	Dues Paid		
America's Health Insurance Plans	\$2,500,000		
Association of Behavioral Health & Wellness	\$136,900		
Association of California Life & Health Insurance Companies	\$90,000		
The Business Roundtable	\$300,000		
Connecticut Association of Health Plans	\$138,341		
Florida Association of Health Plans Inc.	\$130,000		
Healthcare Distribution Alliance	\$299,800		
The Insurance Federation of Pennsylvania Inc.	\$51,051		
Massachusetts Association of Health Plans	\$91,930		
National Association of Dental Plans	\$65,821		
New Jersey Association of Health Plans	\$118,000		
Pharmaceutical Care Management Association	\$4,481,000		
Texas Association of Health Plans	\$75,000		
U.S. Chamber of Commerce	\$285,000		
Virginia Association of Health Plans	\$78,017		

## Table 15: Legal Expenses related to claims or services denials

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Table 15: Legal Expenses related to claims or services denials

Total Legal Expenses

\$0